

Participant	Reported Harm	Source
Silence is fun	Worsened tinnitus + psychiatric crisis after tapering meds for device. Hospitalized, suicidal, lost 20kg, now dependent on clonazepam/gabapentin.	Discord - #vent-and-rant Screenshot: https://i.postimg.cc/Y0vCcgrR/Screenshot-2025-09-13-at-9-31-19-PM.png
Anonymous user	Developed noxacusis after attempting tinnitus tone-finding for device usage	Discord - DM Screenshot: https://i.postimg.cc/tJQ5rvD/Screenshot-2026-02-04-at-2-14-37-PM.png
Whitney	Worsened reactive tinnitus after using tinnfinder in preparation for device treatment. Worsening has not improved, bedbound, increased suicidal ideation	Discord Screenshot: https://i.postimg.cc/W4CB8gs/Screenshot-20260123-224329-Discord.jpg
Carlos	Tapered benzos to follow the device protocol and entered severe withdrawal. Developed worsening of tinnitus and hyperacusis, suicidal thoughts, and major life disruption. Reports lack of support from Anthony and ongoing suffering.	Discord - #ggd-hopium Screenshots: https://i.postimg.cc/rwc554Yr/Screenshot-2025-10-03-at-1-34-47-PM.png https://i.postimg.cc/Y9mv52sC/Screenshot-2025-10-03-at-1-33-43-PM.png https://i.postimg.cc/d1d0WHhT/Screenshot-2025-10-03-at-1-34-28-PM.png
Kellz	Experiencing long term withdrawal symptoms (PAWS) after tapering kratom to follow protocol for the device. Lost job and ability to focus on quiet hobbies, increase in suicidal ideation	Discord - #vent-and-rant, #ggd-hopium Screenshots: https://i.postimg.cc/prP1pNZY/Screenshot-2025-10-03-at-1-28-28-PM.png https://i.postimg.cc/yY1b8q6D/Screenshot-2025-10-03-at-3-00-07-PM.png
Irra B	Developed new drilling tinnitus tone after the tone matching step at low volume	Telegram - DM Screenshot: https://i.postimg.cc/prP1pNZY/Screenshot-2025-10-03-at-1-28-28-PM.png
Jason K	Worsened somatic tinnitus (~20–30% louder, more fluctuating) after treatment. Device had unstable settings, charging/startup issues requiring manual fixes.	Telegram - DM Screenshots: https://i.postimg.cc/zXK89tSx/Screenshot-2025-10-03-at-4-55-04-PM.png https://i.postimg.cc/23p9Qx1Q/Screenshot-2025-10-03-at-5-10-24-PM.png

Kierkegard	Symptoms worsened after 3rd session, reports heightened sound sensitivity from device usage and is struggling to continue treatment despite trying to push through	Discord - DM
Rafa	Reports of worsening symptoms after device usage.	Discord
Prom	Reports of worsening noxacusis and reactive tinnitus after using tinnfinder. Unable to confirm with her directly	Discord
Annica	reports of worsening reactive tinnitus after frequency testing with tinnfinder	Discord
Cloudsurfer	Reports of worsening symptoms after device usage.	Discord Screenshots: https://i.postimg.cc/zXVHS68c/Screenshot-2025-11-29-at-12-15-35-PM.png https://i.postimg.cc/rwgpB9Vp/Screenshot-2025-11-29-at-12-15-48-PM.png https://i.postimg.cc/wTXPTfs3/Screenshot-2025-11-29-at-12-37-29-PM.png
Alain	Reports of worsening symptoms after device usage.	Discord
Greevas	Reports of worsening symptoms after device usage.	Discord
Zeitar	Reports of worsening symptoms after device usage.	Discord
Steve	Reported tinnitus spike after device usage	Discord
Lazza462	Experienced hyperacusis spike after device usage	Discord Screenshots: https://i.postimg.cc/qvs976wW/lazza-harm.png

GG	Followed GGD protocol strictly for 3.5 weeks with complete lifestyle restrictions. Experienced excessive new spikes, tinnitus and hyperacusis reached peak levels, and significant mental health deterioration. Stopped treatment due to severity of worsening. Considers treatment a failure	Discord Screenshot: https://i.postimg.cc/50DPBspD/GG-worsening.png
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